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INFORMED CONSENT CHECKLIST FOR TELEPSYCHOLOGICAL SERVICES

Prior to starting video-conferencing services, we discussed and agreed to the following:

- There are potential benefits and risks of video-conferencing (e.g. limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for telepsychology services, and neither of us will record the session.
- We agree to use the HIPAA-compliant (private/secure) video-conferencing platform (<https://doxy.me>) for our virtual sessions, and I will explain how to use it.
- You need to use a webcam or smartphone during the session. You do NOT need to sign into the site or download a plugin to use the system. No identifying data is kept by the service.
- It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- It is important to be on time. If you need to cancel or change your tele-appointment, there is no charge if you notify me in advance by email within 48 hours (dr Cary@mac.com).
- The back-up plan (e.g., phone number where you can be reached) is I will call you to restart the session or to reschedule it, in the event of technical problems.
 - Your phone number is _____.
- We need a safety plan that includes at least one emergency contact and the closest ER to your location, in the event of a crisis situation.
 - Your emergency contact _____
 - Emergency contact's phone _____
- You should confirm with your insurance company that the video sessions will be reimbursed; if they are not reimbursed, you are responsible for full payment.
- I can ONLY provide therapy if you are located (at the time of the visit) in DC or Virginia – the 2 states in which I'm licensed. I can instead provide coaching if you are elsewhere. Coaching is NOT reimbursable by insurance and you agree to be responsible for the full fee.
- At the end of each session while we're in the secure system (Doxy.me uses <https://stripe.com>), you will securely pay with your credit card and I will securely transfer to you the receipt/invoice.
- As well, I may determine that due to certain circumstances, telepsychology is no longer appropriate and that we should resume our sessions in-person (when I resume office-based sessions at the end of the pandemic).

Psychologist Name / Signature: Meredith Cary, PsyD

Patient Name / Signature: _____

Date: March 16, 2020